

April 2017

Guardians of Mother Earth

Daily Programming

Academic Enrichment for youth needing personalized tutoring.

SNACKS (Supporting Nutrition Awareness and Creative Kitchen Skills)

Youth learn about and how to prepare healthy foods daily 3:30 PM to 5:00 PM.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 AIR Leaders Final Presentations
2	3 Youth Council Exec. Meeting 5:00 PM to 6:00 PM Culture Keepers <i>Making Fans Pt.3</i> 5:00 PM to 6:00 PM	4 I Strengthen My Nation <i>"Play Therapy at the Park"</i> 5:00 PM to 6:00 PM	5 Musical Mindfulness 4:00 PM to 5:00 PM Creative Arts <i>Wheat grass seeds</i> 5:00 PM to 6:00 PM	6 Youth Council 5:00 PM to 6:00 PM HEAL 3:30 PM to 4:30 PM	7 AIR Leaders 4:00 PM to 5:00 PM Community Gardening 4:00 PM to 5:00 PM THRIVE Sewing and Sharing 5:00 PM to 6:00 PM	8 Community Gardening Days <i>Stepping Stones</i> 10:00 AM to 12:00 AM La Jolla Earth Day 11AM-3PM MICUNAY 11:00 AM – 1:00 PM
9 Cinderella's Attic 3PM – 4PM	10 Youth Council Committee Meeting 5:00 PM to 6:00 PM THRIVE Sewing and Sharing 5:00 PM to 6:00 PM	11 I Strengthen My Nation <i>"Mother Earth Video"</i> 5:00 PM to 6:00 PM	12 Youth Center CLOSED Staff Development	13 GEN-I Youth Gathering 10:00 AM – 4:00 PM Youth Council 5:00 PM to 6:00 PM HEAL 3:30 PM to 4:30 PM	14 AIR Leaders 4:00 PM to 5:00 PM Community Gardening 4:00 PM to 5:00 PM Culture Keepers <i>Beadwork on Looms</i> 5:00 PM to 6:30 PM	15
16	17 Youth Council Committee Meeting 5:00 PM to 6:00 PM Culture Keepers <i>Making Fans Pt. 4</i> 5:00 PM to 6:00 PM	18 I Strengthen My Nation <i>"Creation Bookmark Project"</i> 5:00 PM to 6:00 PM	19 Musical Mindfulness 4:00 PM to 5:00 PM Creative Arts <i>Tissue Paper Seed Balls</i> 5:00 PM to 6:00 PM	20 Youth Council 5:00 PM to 6:00 PM HEAL 3:30 PM to 4:30 PM	21 AIR Leaders 4:00 PM to 5:00 PM Community Gardening 4:00 PM to 5:00 PM THRIVE Sewing and Sharing 5:00 PM to 6:00 PM	22 MICUNAY 11:00 AM – 1:00 PM UCR Healing the Earth Conference 12PM-8PM
23 ----- 30	24 Youth Council Committee Meeting 5:00 PM to 6:00 PM THRIVE Sewing and Sharing 5:00 PM to 6:00 PM	25 I Strengthen My Nation <i>"Storytelling & Bookmark Project"</i> 5:00 PM to 6:00 PM	26 Musical Mindfulness 4:00 PM to 5:00 PM Creative Arts <i>T-shirt tote bags</i> 5:00 PM to 6:00 PM Community Night 6:00 PM to 8:30 PM Pick up by 5 or at Ballard Center	27 Youth Council 5:00 PM to 6:00 PM HEAL 3:30 PM to 4:30 PM	28 AIR Leaders 4:00 PM to 5:00 PM Community Gardening 4:00 PM to 5:00 PM Culture Keepers <i>Prayer Ties</i> 5:00 PM to 6:30 PM	29 MICUNAY 11:00 AM – 1:00 PM

Youth Center Hours: Monday through Friday 1:00 PM- 7:30 PM

2560 First Ave., Suite #103, San Diego, Ca. 92103

619.234.1352 | youthcenter@sdaihc.com

For programming details please go to www.sdaihc.com/community/youth-families

The Youth Center is a department of the San Diego American Indian Health Center and is sponsored by the County of San Diego.