

Daily Programming

Academic Enrichment for youth needing personalized tutoring.

SNACKS (Supporting Nutrition Awareness and Creative Kitchen Skills)

Youth learn about and how to prepare healthy foods daily 3:30 PM to 5:00 PM.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 HEAL 3:30 PM to 4:30 PM AIR Leaders 4:00 PM to 5:00 PM Youth Council General Meeting 5:00 PM to 6:00 PM	2 Community Gardening 4:00 PM to 5:30 PM THRIVE Prevention Media Project 5:00 PM to 6:30 PM	3
4	5 Youth Council Exec. Meeting 4:00 PM to 5:00 PM Culture Keepers Feather Work Meaning Pt. 1 5:00 PM to 6:00 PM	6 I Strengthen My Nation <i>Making Moments Into Memories</i> 5:00 PM to 6:00 PM	7 Musical Mindfulness 4:00 PM to 5:00 PM Special Event <i>Native American Feather Workshop</i> 5:00 PM to 7:00 PM	8 HEAL 3:30 PM to 4:30 PM AIR Leaders 4:00 PM to 5:00 PM Youth Council Work Meeting 5:00 PM to 6:00 PM	9 Community Gardening 4:00 PM to 5:30 PM Culture Keepers Sewing Pouches 5:00 PM to 6:30 PM	10
11	12 Youth Council Committee Meeting 4:00 PM to 5:00 PM THRIVE Prevention Media Project 5:00 PM to 6:00 PM	13 I Strengthen My Nation <i>Making Moments Into Memories</i> 5:00 PM to 6:00 PM	14 Youth Center CLOSED Staff Development	15 HEAL 3:30 PM to 4:30 PM AIR Leaders 4:00 PM to 5:00 PM Youth Council General Meeting 5:00 PM to 6:00 PM	16 Youth Center CLOSED Youth Resiliency Conference 9am-4pm	17 Community Gardening Days <i>Onion Family Education</i> 9:30 AM to 1:30 PM Youth Council Movie Night 2:00 PM to 8:00 PM
18	19 Youth Center CLOSED G O N A	20 Youth Center CLOSED G O N A	21 Youth Center CLOSED G O N A	22 Youth Center CLOSED G O N A	23 Youth Center CLOSED G O N A	24
25	26 Youth Center CLOSED Water Is Sacred Culture Camp 9:00 AM - 5:00PM	27 Youth Center CLOSED Water Is Sacred Culture Camp 9:00 AM - 5:00PM	28 Youth Center CLOSED Water Is Sacred Culture Camp 9:00 AM - 5:00PM	29 Youth Center CLOSED Water Is Sacred Culture Camp 1:00pm – 9:00pm Paya: the Water Story of the Paiute Screening and Panel 5:00pm UCSD	30 Youth Center CLOSED Culture Camp Family Picnic 11:00 AM - 4:00PM	

Youth Center Hours: Monday through Friday 1:00 PM- 7:30 PM

2560 First Ave., Suite #103, San Diego, Ca. 92103

619.234.1352 | youthcenter@sdaihc.com

For programming details please go to www.sdaihc.com/community/youth-families

The Youth Center is a department of the San Diego American Indian Health Center and is sponsored by the County of San Diego.