

August 2017

Water is Wellness

TIME	Activity	MONDAY	TUESDAY 8/1	WEDNESDAY 8/2	THURSDAY 8/3	FRIDAY 8/4	SATURDAY 8/5
		Youth Center Closed: Robert Sundance Summer Camp					

	MONDAY 8/7	TUESDAY 8/8	WEDNESDAY 8/9	THURSDAY 8/10	FRIDAY 8/11	SATURDAY 8/12
	Youth Center Closed: Robert Sundance Summer Camp					

TIME	Activity	MONDAY 8/14	TUESDAY 8/15	WEDNESDAY 8/16	THURSDAY 8/17	FRIDAY 8/18	SATURDAY 8/19
1:00pm-2:00pm	Life Skills	Grocery Store	Change a Tire	Emergency Plan	Resume Building	Classroom Gardening	9:30am-1:30pm Community Garden Day / Youth Council Elders Lunch
2:00pm-3:00pm	Teambuilding	Blindfold Game	Jig Saw Puzzle	Problem Solving	Game Day	Seasonal planting	
3:30pm-5:00pm	SNACKS	Breakfast Day	Taco Tuesday	Super Sandwich	Pasta Salad	Love Your Leftovers	
4:00pm-5:00pm	Walk & Talk	Balboa Park	Museum Day	Frisbee Games	Outdoor Exercise	Community Garden	
5:00pm-6:00pm	Programming	Culture Keepers	ISMN	Creative Arts	Youth Council	Community Garden	
6:00pm-7:30pm	Reflections	Reflections	Reflections	Reflections	Reflections	Reflections	

TIME	Activity	MONDAY 8/21	TUESDAY 8/22	WEDNESDAY 8/23	THURSDAY 8/24	FRIDAY 8/25	SATURDAY 8/26
1:00pm-2:00pm	Life Skills	Sewing	Drivers Ed	Fire Safety	Cover letter	Store Food	Youth Center Closed
2:00pm-3:00pm	Teambuilding	Create logo	Puzzle Art	Blind Drawing	Game Day	Garden art project	
3:30pm-5:00pm	SNACKS	Quesadillas	Burritos	Super Sandwich	Soup Day	Love Your Leftovers	
4:00pm-5:00pm	Walk & Talk	Balboa Park	Museum Day	Frisbee Games	Outdoor Exercise	Community Garden	
5:00pm-6:00pm	Programming	Culture Keepers	ISMN	Creative Arts	Youth Council	Community Garden	
6:00pm-7:30pm	Reflections	Reflections	Reflections	Reflections	Reflections	Reflections	

TIME	Activity	MONDAY 8/28	TUESDAY 8/29	WEDNESDAY 8/30	THURSDAY 8/31	FRIDAY 9/1	SATURDAY 9/2
1:00pm-2:00pm	Life Skills	Grocery Store	Auto Basics	First Aid Basics	Applications	Youth Center Closed Special Event Padres Native American Night	Youth Center Closed
2:00pm-3:00pm	Teambuilding	Group Games	Card Tower	String Talking	Finish puzzle		
3:30pm-5:00pm	SNACKS	P B J & ?	Taco Tuesday	Super Sandwich	Fruit Kabob		
4:00pm-5:00pm	Walk & Talk	Balboa Park	Museum Day	Frisbee Games	Outdoor Exercise		
5:00pm-6:00pm	Programming	Culture Keepers	ISMN	Creative Arts	Youth Council		
6:00pm-7:30pm	Reflections	Reflections	Reflections	Reflections	Reflections		

Academic Enrichment Provided Daily

ISMN: I Strengthen My Nation / SNACKS: Supporting Nutrition and Creative Kitchen Skills

Please see our website for programming details: www.sdaihc.com/community/youth-families

The Youth Center is a department of the San Diego American Indian Health Center and is sponsored by the County of San Diego.