



January 2018

Advocates In Action

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TIME	Activity	MONDAY 1/1	TUESDAY 1/2	WEDNESDAY 1/3	THURSDAY 1/4	FRIDAY 1/5	SATURDAY 1/6
1:00pm-3:30pm	TAY Time	Youth Center Closed Happy New Year!	Tutoring/Life Skills	Tutoring/Life Skills	Tutoring/Life Skills	Tutoring/Life Skills	
3:30pm-5:00pm	SNACKS		Veggie Tacos	Youth Center Closes: 4pm Culture Keepers Rez Beats	Soup-er Thursday	Love Your Leftovers	
5:00pm-6:00pm	Programming		ISMN – Tea Time		Youth Council-Executive	Gardening (4:30-6)	
6:00pm-7:30pm	Reflections		Reflections		Reflections	Reflections	
TIME	Activity	MONDAY 1/8	TUESDAY 1/9	WEDNESDAY 1/10	THURSDAY 1/11	FRIDAY 1/12	SATURDAY 1/13
1:00pm-3:30pm	TAY Time	Tutoring/Life Skills	Tutoring/Life Skills	Youth Center Closed Staff Development	Tutoring/Life Skills	Tutoring/Life Skills	
3:30pm-5:00pm	HEAL	Hummus & Veggie Pita	Chicken Tacos		Rice and Beans	Love Your Leftovers	
5:00pm-6:00pm	Programming	THRIVE - Video	ISMN – Tea Time		Youth Council-General	Gardening (4:30-6)	
6:00pm-7:30pm	Reflections	Reflections	Reflections		Reflections	Reflections	
TIME	Activity	MONDAY 1/15	TUESDAY 1/16	WEDNESDAY 1/17	THURSDAY 1/18	FRIDAY 1/19	SATURDAY 1/20
1:00pm-3:30pm	TAY Time	Youth Center Closed MLK Jr Day	Tutoring/Life Skills	Tutoring/Life Skills	Tutoring/Life Skills	Tutoring/Life Skills	Community Garden Day 9:30-1:30
3:30pm-5:00pm	SNACKS		Rolled Tacos	Parfaits	Burrito Bar	Love Your Leftovers	
5:00pm-6:00pm	Programming		ISMN – Tea Time	Culture Keepers	Youth Council-Work	Gardening (4:30-6)	
6:00pm-7:30pm	Reflections		Reflections	Reflections	Reflections	Reflections	
TIME	Activity	MONDAY 1/22	TUESDAY 1/23	WEDNESDAY 1/24	THURSDAY 1/25	FRIDAY 1/26	SATURDAY 1/27
1:00pm-3:30pm	TAY Time	Tutoring/Life Skills	Tutoring/Life Skills	Tutoring/Life Skills	Tutoring/Life Skills	Youth Center Closes: 4pm Rez Beats Open Mic Night (ages 15-25)	
3:30pm-5:00pm	HEAL	Apple Raisin Grahams	Potato Tacos	Youth Center Closes: 4pm Community Night	Tostadas		
5:00pm-6:00pm	Programming	THRIVE - Video	ISMN – Tea Time		Youth Council-Work		
6:00pm-7:30pm	Reflections	Reflections	Reflections		Reflections		
TIME	Activity	MONDAY 1/29	TUESDAY 1/30	WEDNESDAY 1/31			
1:00pm-3:30pm	TAY Time	Tutoring/Life Skills	Tutoring/Life Skills	Tutoring/Life Skills			
3:30pm-5:00pm	SNACKS	Garden Fresh	Turkey Tacos	Fruit Kabob			
5:00pm-6:00pm	Programming	THRIVE - Video	ISMN – Tea Time	Culture Keepers / AIR			
6:00pm-7:30pm	Reflections	Reflections	Reflections	Reflections			

The San Diego American Indian Health Youth Center is open to ages 10-24 | [Academic Enrichment Provided Daily](#)

TAY (Transitional Age Youth) Time: Assistance with applications, resumes, letters, scholarships, homework, and more
ISMN: I Strengthen My Nation | **SNACKS:** Supporting Nutrition and Creative Kitchen Skills | **HEAL** Healthy Eating Active Living

Please see our website for programming details: www.sdoihc.com/community/youth-families

The Youth Center is a department of the San Diego American Indian Health Center and is sponsored by the County of San Diego.